

Beit T'Shuvah's Right Action Program for Problem Gambling

In partnership with the UCLA Gambling Studies Program, we offer a comprehensive program for residential and intensive outpatient treatment including:

Therapy

Individual
Family
Cognitive Behavioral
Motivational

Spiritual

Individual
Group Study
12-Steps: GA, CGA, AA

Wellness

Mindfulness/Meditation
Acupuncture
Physical Fitness: Yoga, Qui Gong, Surfing, Exercise
Relapse Prevention

Arts In Recovery

Music
Drama
Art
Creative Writing

Alternative Sentencing

Career Counseling

Financial Repair Services

